The package \texttt{leftindex} provides commands for typesetting left indices. Unlike any other similar package I know of, \texttt{leftindex} also indents the left superscript, providing much better spacing in general:

\[ a \leftindex^b_{f} \] (compare to \( a \text{\textasciitilde} f \)).

As \TeX{} provides no metrics for the indentation of left superscripts, the only way to accomplish this is to measure the negative indentation of the right subscript and then use that value. This works well for most symbols, with a few exceptions, which can be dealt with by supplying a few extra arguments.

The package is a generalization of egreg’s excellent code on

https://tex.stackexchange.com/questions/557655/
low-level-command-for-controlling-left-superscript-spacing/

\textbf{The commands}

The fundamental, user-level command of \texttt{leftindex} is called \texttt{\leftindex} and has the syntax

\texttt{\leftindex^{\langle left superscript \rangle}}_{{\langle left subscript \rangle}}{\langle symbol \rangle}

Both the arguments \texttt{\langle left superscript \rangle} and \texttt{\langle left subscript \rangle} are optional. Let us see it in action:

\begin{verbatim}
\$ \leftindex^{a}_{b} \{f\}$,
\$ \leftindex^{a}_{b} \{X\}$,
\$ \leftindex^{a}_{b} \{J\}$,$
\$ \leftindex^{v}_{u} \{\Pi\}$,$
\$ \leftindex^{A}$,
\$ \leftindex^{1}_{0} \{ \int \} f(x) \} \{ \text{int} \} \{ dx \}
\end{verbatim}

For the indentaiton of the left superscript, the package always uses the negative indentation of the right subscript. This yields good results most of the time, as seen above. However, there are cases where this goes wrong, the most notable example being the Greek letter \( \Gamma \) in many fonts (not in Computer Modern, though). Less serious examples arise with letters like \( P \) and \( L \):

\begin{verbatim}
1 \int_{0}^{f(x)} f(x) \, dx
\end{verbatim}
To solve this issue, `\leftindex` takes two additional, optional arguments:

\begin{verbatim}
\leftindex[\langle slanting phantom \rangle][\langle height phantom \rangle]
\end{verbatim}

This will then use the \textit{slanting phantom} instead of the \textit{symbol} to calculate the indentation of the superscript. The argument can be left empty, in which case the left superscript will not be indented at all, which is the right solution for the symbol $\Gamma$:

\begin{verbatim}
$\leftindex[^a_b]{\Gamma}$
\end{verbatim}

\begin{verbatim}
$\leftindex[I[^a_b]{L}$
\end{verbatim}

\begin{verbatim}
$\leftindex[I[^a_b]{P}$
\end{verbatim}

The \textit{slanting phantom} will never be used for calculating the height of the indices. For this, you can supply a \textit{height phantom}:

\begin{verbatim}
$\leftindex[\langle height phantom \rangle][\langle slanting phantom \rangle]
\end{verbatim}

\begin{verbatim}
$\leftindex[\langle height phantom \rangle][\langle slanting phantom \rangle]
\end{verbatim}

I doubt anyone will ever really need this much in practice, but the option is provided for completeness.

I provide a more primitive, underlying command with four mandatory arguments:

\begin{verbatim}
\manualleftindex{\langle height phantom \rangle}{\langle slanting phantom \rangle}
\end{verbatim}

\begin{verbatim}
\manualleftindex{\langle height phantom \rangle}{\langle slanting phantom \rangle}
\end{verbatim}

This one is mainly intended for use in commands and by other packages. Note that the arguments \textit{height phantom} and \textit{slanting phantom} have switched places compared to the command `\leftindex`. This is because \textit{height phantom} is regarded as a "more important" argument than \textit{slanting phantom} from an implementation point of view, but the user is probably less likely to change it. Therefore, the user-level command \texttt{\leftindex} has \textit{slanting phantom} before \textit{height phantom}. Note also that `\manualleftindex` does not take a \textit{symbol}; you will have to write this yourself afterwards:

\begin{verbatim}
$\manualleftindex{P}{I}{a}{b} $
\end{verbatim}

\begin{verbatim}
$\manualleftindex{P}{I}{a}{b} $
\end{verbatim}